









## **ABOUT GOODLIFE KIDS FOUNDATION**

## **Our Vision**

Kids with special needs have equal opportunities to experience the joys and benefits of being active.

## The Part We Play

GoodLife Kids Foundation fosters supportive environments to help kids with intellectual disabilities and autism thrive through physical activity and fitness

For kids with special needs, the path to getting active isn't always as simple as joining the local sports team or signing up for lessons around the corner. GoodLife Kids Foundation Grants provide funding to support programs that offer ongoing physical activity opportunities for children with intellectual disabilities and autism. Grants improve community access and help to remove some of the barriers preventing children from living active lives.

Eligible organizations can apply for up to \$10,000 in funding from GoodLife Kids Foundation. The next round of applications will be accepted from Monday, September 9, 2019 – Friday, November 29, 2019. Visit goodlifekids.com/the-grant-program to learn more.

GoodLife Fitness covers 100% of our administrative and operational expenses so that every dollar raised will make the biggest impact on the lives of Canadian kids.

Saturday, November 16, 2019
One Million Dollars.
One Day.

Each year, GoodLife Fitness clubs from coast to coast rally to host Spin4Kids, a national one-day fitness fundraiser. Since 2012, GoodLife Fitness Associates, Members, family and friends have raised *over \$5.2 million* in support of GoodLife Kids Foundation and have helped impact the lives of over 250,000 Canadian kids through physical activity and fitness opportunities.

SPIN4
KiDS

Build Your Team. Fundraise. Spin. Groove. Move.

Join the party in your community at spin4kids.com

Registered Charity Number: 89126 2628 RR0001