

## The New Program: MOVE by GoodLife Kids

The GoodLife Kids Foundation is excited to bring you MOVE by GoodLife Kids: a national physical activity and fitness program for youth with intellectual disabilities or autism.

We are coming to communities through Zoom and YouTube beginning late 2020. We are beginning with three prototype locations where Participants and Caregivers will play an important role, providing valuable input that will be carried through as we add more locations. The first three communities are:

📍 London, ON    Calgary, AB    Halifax, NS 📍

## NOW HIRING

Did you know that youth with special needs don't have equal opportunities to experience the joys and benefits of being active? Many typical youth programs don't offer the support, or the cost is prohibitive to families.

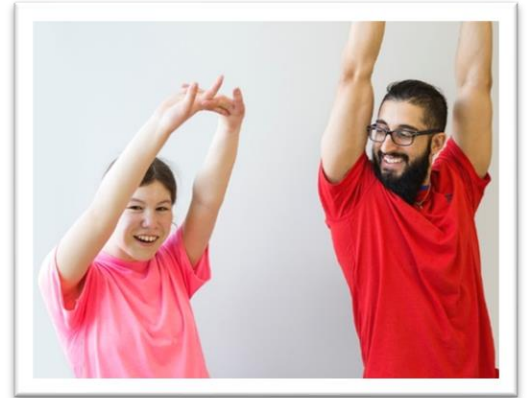
### Virtual Coaches – Apply by September 13<sup>th</sup> 2020

GoodLife Kids Foundation is establishing a small team of 3-5 Coaches who will help us build an amazing experience for our Participants.

You will build strong relationships with a small group of youth, delivering a minimum of three classes per week. You must have access to a reliable internet connection and a distraction-free space to host workouts.

We will provide training on how to work with youth with special needs — if you have a passion for helping everyone thrive through physical activity and fitness, this could be the job for you!

[Go to the job posting](#) for more details and how to apply for this part-time position.



### Requests for Proposal – Proposals Due August 30<sup>th</sup> 2020

In addition to hiring Coaches, we're seeking people with experience working with youth with special needs to help us build our Coach training program as well as design workouts for our Participants (short-term contract). Click below for more details and how to apply:

[Coach Training Design and Delivery](#) – Training to focus on the developmental differences of youth with intellectual disabilities and/or autism and how that changes how we coach in a fitness setting.

[Workout and Assessment Design](#) – Designed for virtual delivery and to be completed in a wide variety of spaces, these are the workouts and assessments that Participants will complete with their coach.

 **Click here to register for a virtual meet-up to talk with our Program Director, Lisa Cardinal, about these jobs!** 

**Monday August 24th from 12-1pm EST**

## Information for Parents/Caregivers and Youth with Special Needs

*Who we support: Youth aged 12-21 with intellectual disabilities or autism.*

The MOVE program has been designed exclusively to get youth with special needs active. Our three prototype programs will be offered at no cost to families.

Once registered, Participants will get access to 3 live, online workouts each week led by our team of passionate coaches.

To learn when a MOVE program comes to your community, [sign up for email updates](#).

As there is limited space to participate in MOVE, we will post free workouts for youth with special needs on YouTube starting Fall 2020. [Subscribe to our channel now](#) so you don't miss them!

See you soon! Until then, stay well.

